# Floorball CV

Name: Perttu Kytöhonka

**Age:** 38

Occupation: Coach (NST Lappeenranta, mens first team)

Language skills: Finnish, English, Swedish (basic), German (basic)

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Social media:

https://twitter.com/PKytohonka

https://www.linkedin.com/in/perttu-kytöhonka-95546213b/

Blogs:

http://complexfloorball.blogs.com

#### Introduction

Lifelong student of coaching and the game of floorball. Passionate learner.

« Floorball is not about being in a good or bad physical shape, it is about being adapted to a way of playing. »

I'm currently working as a head coach of NST Lappeenranta's mens first team in Divari (2<sup>nd</sup> tier). I am heading to my second season with the team and our goal is to play good floorball, explore new training methodologies, develop as persons, as players (and coaches) and eventually promote to Salibandyliga.

My most important values as a coach are honesty, openness and very high work ethic. I believe that as floorball is above all a team sport, the team will always come first with no exceptions – coaches included. I want my teams to play proactive floorball with very high emphasis on strong communication and teamwork. Floorball is a game you play with your head, the hands and the legs are tools.

## Floorball experience

NST Lappeenranta (FIN), Head coach

1.5.2016-

Head coach for mens first team, Divari (2<sup>nd</sup> tier). I also advice and consult with junior coaching, organisation and development strategy.

Unihockey Luzern (CH), Head Coach

1.8.2015-30.4.2016

Head coach for mens first team.

TPS Salibandy (FIN), Head coach

1.5.2010-30.4.2012

Head coach for mens first team in Salibandyliiga.

#### TPS Salibandy, Assistant coach

1.5.2009-30.4.2010

Assistant coach for mens first team in Salibandyliiga.

#### TPS Salibandy, Head coach (juniors)

1.1.2000-30.4.2015

Head coach for many different age groups from U8 to U21.

#### TPS Salibandy, Head of club operations and coaching

1.1.2006-30.4.2015

Full time employee of TPS Salibandy from 1.1.2006 to 30.4.2015. Player development, coach education, player recruitment, social media

# **Playing career**

TPS Salibandy (juniors)

1995-2000

Junior teams until U21 (highest level)

Minor league teams

2000-2003

From 3rd to 6th tier.

## **Education**

**University of Turku** 

1.9.2001-30.4.2005

Elementary Education and Teaching (haven't graduated).

Coach education, Finnish Floorball Federation

2000-2012

Different coach education courses from basic courses to pro coach -education.

Coach education, World Football Academy

2016-2017

Basic and advanced courses on Football periodisation.

References / recommendations by request.